

# Event Details

## Prize Money

### Run

\*First three places for both male and female runners

10km Run/Walk

Open - 1st \$300, 2nd \$200, 3rd \$100

Masters - 1st \$100, 2nd \$50, 3rd \$25

U/18 - 1st \$100, 2nd \$50, 3rd \$25

2.5km Run/Walk

U/16 - 1st \$100, 2nd \$50, 3rd \$25

U/12 - 1st \$100, 2nd \$50, 3rd \$25

### Cycling

\*First three places for both male and female cyclists

30km Ride

1st \$100, 2nd \$50, 3rd \$25

## Race Times

Run starts 11am

Ride starts 1.00pm

## Starting

Runners should make their way to the Rowella Hall, Rowella Road, Kayena by 9.30am

## Parking

Parking will be available adjacent to the the Rowella Hall

## Finishing

At the completion of the run runners will receive a goodie bag including fruit and random spot prizes

## Chest Numbers

Chest numbers to be collected 27th Nov Cycle Torque and Coffee Brisbane St, Launceston 11am - 2pm Late registration and chest number collection

9.00am - 10.00am, 28th Nov at Rowella Hall, Kayena

## Refreshments

A drink station will be provided at approximately the 3km/7km mark

## Toilets

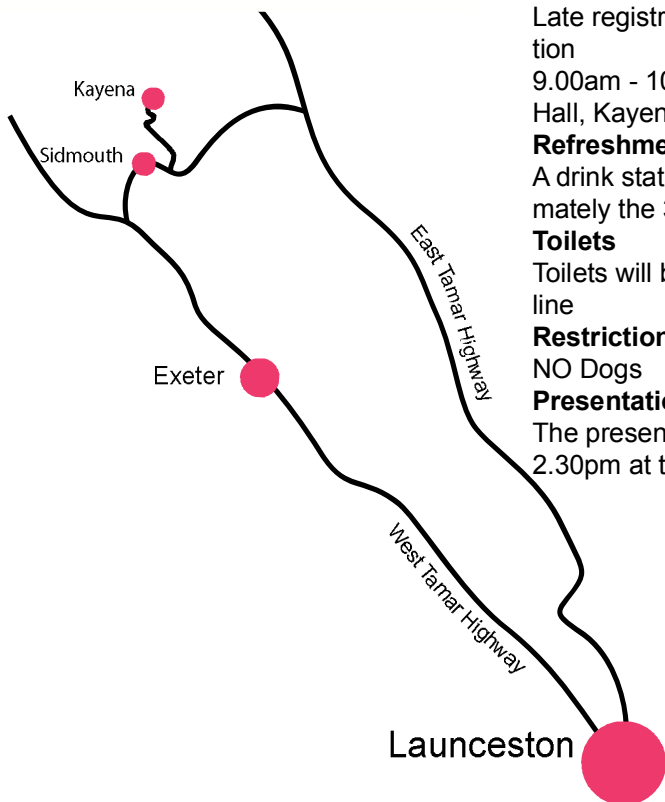
Toilets will be provided at the start/finish line

## Restrictions

NO Dogs

## Presentation

The presentation will commence at 2.30pm at the Rowella Hall



# Run the Ridge



## Entry Form 2009

How to Enter  
Carefully and legibly complete the entry form  
and sign the declaration below  
OR enter on line at [www.runtheridge.com.au](http://www.runtheridge.com.au)

Post entries to PO Box 1120,  
Launceston,  
Tas, 7250

### Please Print

Preferred First Name  Surname

Postal Address  Suburb/Town

State/Country  Postcode  Telephone - Home

Email address  Telephone - Mobile

Gender: M/F  Date of Birth  Race day emergency contact Name & Phone number

Corporate Team Name

**4 runners only per team**  
**All entries must be in the same envelope**

### Select Event (please tick)

**Run/Walk**

10km Senior \$20   
Junior (u/16) \$10

2.5km Senior \$20   
Junior (u/16) \$10

**Mountain Bike Event**

30km \$20

### PAYMENT

ENTRY FEE FOR  
SELECTED EVENT \$ .....

**TOTAL REMITTANCE** \$ .....

Cash  Cheque   
Credit Card  Money Order

Card Type Visa Card   
Master Card

Name on Card

Card number

Expiry   Signature

**WARNING, RELEASE AND INDEMNITY RISK WARNING:** This is a physically demanding event and requires training and fitness. It is a recreational activity that involves a significant risk of impairment of a participant's physical condition or injury and even death from various causes including; dehydration, over exertion and accidents with other participants, spectators or road users.

**DECLARATION, WAIVER AND RELEASE:** In consideration of, and as a condition of acceptance of my entry in Run the Ridge, I declare and agree that:

- I am physically fit and have trained for this event. I am not aware of any medical condition, impairment, disease, illness or any other reason why I should not participate in the event and that I have not been advised by a qualified medical practitioner not to participate. Where I become aware of any medical condition or impairment, or am otherwise sick or injured prior to or during the event, I will withdraw from or discontinue my participation in the event.
- My participation in Run the Ridge is at my own risk and I acknowledge the above risk warning.
- I release the Event Organiser, its officers, committees, agents, representatives, members and event sponsors, from and against any claims of any kind (whether at tort, contract or statute) including personal injury, death or property damage, however caused (including negligence) and arising out of my participating in Run the Ridge.
- I understand and acknowledge that the Event Organisers do not make any warranty (implied or express) that event services will be provided with due care and skill.
- I indemnify the Event Organisers, its officers, committees, agents, representatives, members and event sponsors, from and against any claims made against them arising from personal injury, death or property damage caused to another person by me in the course my participation in this event.
- My name, likeness and image may be recorded and used by Event Organisers (in any form of media) for activities associated with or incidental to this event, including the promotion of the event, without my permission and without any form of compensation to me.
- I consent to receiving treatment from a qualified medical practitioner during or immediately after the event if unable to provide consent at the time such treatment is deemed to be required.
- If I am a wheelchair participant, accompanied by a carer, I understand that I will not be able start until my carer has signed a disclaimer.
- If I am a participant with a pram, I understand that the child who accompanies me is also a party to this declaration and waiver.
- This agreement is governed by the laws of Tasmania. If any part of this agreement is held to be invalid or otherwise unenforceable then that part will be deemed to be severed without affecting the enforceability of the remainder of this agreement.

SIGNED BY ENTRANT (or parent/guardian if under 18)

Date / /2009

